



OVEREATERS
ANONYMOUS
VIRTUAL REGION

Roadmap to Recovery: There is a Solution!
Virtual Region 2025 Convention

Steps 4 & 5 Workshop

Friday, 2/28/2025 5-6pm ET

Register for the convention and join us.
oavirtualregion.org/registration/2025



Compulsive
eaters in OA
and other
12-step
programs

THE BRIDGE