

The Bridge Group Business Meeting Minutes

Date & Time:

Sunday March 2, 2025; 6:30pm Eastern/3:30pm Pacific

Present: Paula S. Chairperson, Lisa, C. Vice Chair/Web Team, Clare B. Secretary, Cindy A. Treasurer, Mary Jane L. WSO Rep, Jeff E., Web Team

Reviewed and approved Minutes of February 2, 2025, Business Meeting

Reports:

- Treasurer's Report
 - Discuss Adobe Acrobat subscription for secretary – Clare
 - There is general discussion and issues raised such as: is the cost of \$14.99/month justified when there are options.
 - It is suggested that a google doc and the link to this could suffice but the point is made that not all members/viewers are internet savvy and understand google docs. They may seem simple to those who use them, but they are confusing to some.
 - Discussion tabled to next month after Secretary continues to use the free app and see how efficient it is.

- WhatsApp Report
 - Discussion regarding posting the link to the contact list on WhatsApp or just during meetings.

MOTION: Post the link to contact list during meetings and via email to people on list.
Approved 8:2 abstentions

- Posting non-OA meetings on Bridge WhatsApp. Discussion led to 3 motions:

MOTION: Empower WA Moderator to delete or block WA postings and seek group guidance as desired. Approved 9:1 opposed

- Changing wording in the chat guidelines for WhatsApp to reflect the need to keep the WA discussion and postings closer to the primary purpose of OA and the Bridge philosophy of being inclusive but not inviting outside issues to overshadow the primary purpose:

MOTION: Add wording at the top of the page of Bridge WhatsApp chat guidelines: “Welcome to the Bridge ongoing conversation about recovery from compulsive overeating.” Approved, all in favor

MOTION: After first line of Bridge WhatsApp chat guidelines, add: “stick to the topics of compulsive overeating, addiction, and recovery. Approved 9:1 abstention

- Upcoming Events and Service Opportunities
 - None to report at this time

OLD BUSINESS:

- The Bridge needs a new contact on oa.org's "Find a Meeting" website pages – it is currently still Ellen L. This can be one person representing all the meetings or a separate person for each.
 - From OA information: "Each meeting must have a contact name and number. If there is no one in your group who wants to be listed as the contact, you can use the intergroup or service board name and number should you choose to affiliate with one." (This is probably also still Ellen L. and should be changed.)
 - ***This topic is tabled to next month's business meeting.***
- Follow-up on "Multiply Addicted" dropdown for OA "Find a Meeting." – Clare
 - ***This topic is tabled to next month's business meeting.***

NEW BUSINESS:

- Consider changing Sunday's meeting format – Lisa C.
 - ***This topic is tabled to next month's business meeting.***

Meeting adjourned at 7:34 pm EST

Next Business meeting: Sunday April 6, 2025, 6:30pm Eastern/3:30pm Pacific